

Leave touched by God, & come again soon!

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# We are each of us angels with only one wing... And we can fly embracing each other...

Luciano DeCrenzcenzo

October 6, 2024 – Twentieth Sunday after Pentecost. Octoechos Tone 3. + The Holy and Glorious Apostle Thomas.

## Intentions this Sunday

Saturday at 4:15pm: +Mary Novakuske; Sunday at 9:30am: Parishioners; Sunday at 11am: +Parishioners Troparia

## and Kontakia

*Troparion, Tone 3:* Let the heavens be glad, let the earth rejoice,\* for the Lord has done a mighty deed with His arm.\* He trampled death by death. He became the first-born of the dead;\* He saved us from the abyss of Hades\* and granted great mercy to the world.

*Troparion, Tone 2:* O disciple of Christ and member of the apostolic council,\* your lack of faith proclaimed Christ's resurrection,\* and your touch confirmed His holy passion.\* O Thomas, worthy of all praise,\* pray even now that He grant us peace and great mercy.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 3: You rose from the tomb, O compassionate Lord,\* and led us out from the gates of death.\* Today Adam exults and Eve rejoices,\* and the prophets together with the patriarchs\* unceasingly acclaim the divine might of Your power.

Now and for ever and ever. Amen.

Kontakion, Tone 4: Filled with the grace of wisdom,\* Your apostle and genuine servant, O Christ,\* cried out to You in his change of heart:\* You are my God and Lord.

## Prokeimenon, Tone 3

Sing to our God, sing; sing to our King, sing. *Repeat:* Sing to our God, sing; sing to our King, sing. *verse:* Clap your hands, all you nations; shout unto God with the voice of joy. *Repeat:* Sing to our God, sing; sing to our King, sing.

## Epistle

Galatians 1:11-19

*Alleluia, Tone 3 verse:* In You, O Lord, have I hoped that I may not be put to shame for ever. *verse:* Be a protector unto me, O God, and a house of refuge to save me.

Gospel

Luke 7:11-16

## **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest.\* Their utterance has gone forth into all the earth,\* and their words unto the ends of the world.\* Alleluia, alleluia,\* alleluia.

Liturgical Schedule Monday, Oct 7 Holy Martyrs Sergius and Bacchus (293-305). Tuesday, Oct 8 Our Venerable Mother Pelagia.	Philippians 4:10-23 Luke 7:36-50 Colossians 1:1,2,7-11 Luke 8:1-3			
Wednesday, Oct 9 Holy Apostle James, Son of Alpheus.	1 Corinthians 4:9-16 Luke 10:16-21	10am	Rosary and Divine Liturgy	
<b>Thursday, Oct 10</b> Holy Martyrs Eulampius and Eulampia (305-13).	Colossians 1:24-29 Luke 9:7-11			
Friday, Oct 11 Holy Apostle Philip, One c the Seven Deacons.	Colossians 2:1-7 Luke of 9:12-17	6pm	Divine Liturgy and Fellowship (Family Prayer Night)	Abstain from meat and meat products.
<b>Saturday, Oct 12</b> Holy Martyrs Probus, Tarachus and Andronicus (284-305).	2 Corinthians 3:12-18 Luke 6:1-10	4:15pm	Divine Liturgy (for Sunday)	Intention: +Deacon Aimie LaPlante (req. by Marion LaPlante)
		5:30pm	Great Vespers	
<b>Sunday, Oct 13</b> Commemoration of the Fathers of the Seventh Ecumenical Council.	Hebrews 13:7-16 John 17:1-13	10am	Divine Liturgy (Bilingual)	Intention: Parishioners

## **OTHER EVENTS THIS WEEK:**

Monday, October 7 - Senior Exercise Class from 11-11:30am

Wednesday, October 9 - Senior Exercise Class from 11-11:30am

Thursday, October 10 – Perogy and cabbage roll making. 7am-noon. All are invited to volunteer. Lunch is provided.

Friday, October 11 – Family Prayer Night. Divine Liturgy at 6pm followed by potluck supper.

Saturday, October 12 – Women's Bible Study at 10am

Sunday, October 13 – Coffee and fellowship after the Sunday Divine Liturgy.

#### ANNOUNCEMENTS

- 1. We welcome our guests and visitors. Thank you for worshiping with us!
- 2. LIFECHAIN TODAY (Sunday, October 6) from 2-3pm at the corner of Great Northern Rd and Wawanosh Ave. This is a yearly peaceful demonstration held across Canada and the United States in defense of the unborn, who have zero legal status or protection up to the moment of birth in our country.
- 3. Family Prayer Night: Every second Friday of the month starting October 11<sup>th</sup>. Divine Liturgy at 6pm followed by potluck and fellowship. Organized by the Knights of Columbus Council 932 and hosted at our parish. From the Knights of Columbus website: *"Family Prayer Night is an opportunity for children to be exposed to regular people living their faith in a casual setting. Families of council members, as well as other Catholic families within the parish and community, will gather for prayer, dinner and fellowship. Multiple groups can be formed and families are encouraged to rotate between these groups."*
- 4. NEXT WEEKEND is Thanksgiving Weekend: There will be a **SINGLE BILINGUAL** Divine Liturgy on Sunday, October 13 at 10am. The 4:15pm Liturgy on Saturday is unaffected.
- 5. October is Breast Cancer Awareness Month.

6. Thanksgiving will soon be upon us and we have so much to be thankful for. PLEASE remember those in our community who struggle to put food on their table every day by donating non-perishable food items to the Salvation Army Food Hamper. THANK YOU!!

**Outreach to Homebound Parishioners**: Ways to support this important ministry: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

**PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR:** Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Lee DeMelo, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Philip Wood Soloman, Tammy Zalewski, Doug Masters, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen.

DONATIONS: Sunday, September 29th Offering: \$755.00 In Memory Anita Lutes: \$50.00 Thank You!

Building Fund: \$100.00 Seminary Fund: \$10.00

#### **"ON CALL" PRIEST**

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

#### Express it: "I Need You"

A feeling that we need to express more often is our need of others. Dr. Alan McGinnis, a psychologist, has said, "I need you.' Those words have a golden ring to them. We all need to be needed, so if you will learn to say that when you feel it, doors closed tightly to others will swing open to you."

A country doctor once told of a patient whose husband was a strong, quiet man little given to expressing his feelings. His wife, always frail, suffered a ruptured appendix, and was rushed to the hospital. Despite all medical help she did not respond and steadily grew weaker. The doctor tried to challenge her will to live by saying, "I thought you would try to be strong like John."

She replied, "John is so strong he doesn't need me anymore."

That night the doctor told the farmer he didn't think his wife wanted to get well. "She's got to get well," John said. "Would another transfusion help?"

The husband's blood proved to be the same type as his wife's, so a direct transfusion was arranged. As John lay there his blood flowing into his wife's veins, he said, "I am going to make you well." "Why?" she asked, eyes closed.

"Because I need you," he answered. There was a pause; then her pulse quickened, her eyes opened, and she slowly turned her head. "You never told me that before."

Writing of the incident later, the doctor said, "It wasn't the transfusion but those words, 'I need you' that made the difference between life and death."

We all have a deep need to be needed—deeply needed. Some of the tenderest and sweetest moments of life are when someone whispers, "I need you."

And if these words are so precious to us, how even more precious and sweet they must be to God when we come to Him in prayer and say, "Lord, I need You."

From: Daily Vitamins for Spiritual Growth Vol. 2 Day by Day with Jesus Through the Church Year – Anthony M. Coniaris

I see people around my age mountain climbing, I feel good getting my leg through my underwear without losing my balance.

At the age of 65 my grandma started walking 5 miles a day. She's 92 now. We have no idea where she is.