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***We are each of us angels with only one wing...
And we can fly embracing each other...***

Luciano DeCrenzzenzo

March 16, 2025 – Second Sunday of the Great Fast: St. Gregory Palamas; Octoechos Tone 2; The Holy Martyrs Sabinus and Papas.

Intentions this Sunday

Saturday at 4:15pm: Parishioners; Sunday at 9:30am: Parishioners; Sunday at 11am: Parishioners.

Troparia and Kontakia

Troparion, Tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of Life, Christ our God, glory be to You!"

Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5

You, O Lord, will guard us* and will keep us* from this generation* and forever.

Repeat: You, O Lord, will guard us* and will keep us* from this generation* and forever.

verse: Save me, O Lord, for there is no longer left a just man.

Repeat: You, O Lord, will guard us* and will keep us* from this generation* and forever.

Epistle

Hebrews 1:10-2:3

Alleluia, Tone 2

verse: The Lord will hear you in the day of tribulation; the name of the God of Jacob will shield you.

verse: Lord, grant victory to the king and hear us in the day that we shall call upon You.

Gospel

Mark 2:1-12

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

I'm not a Christian because I want the reward of heaven. I'm not a not a Christian becomes I'm running from hell.

I am a Christian because the character of Jesus Christ is so compelling to me that I want to spend my life chasing it, embodying it and sharing it.

Kaleb in the End times – from a post shared by Fr. Anton

Liturgical Schedule

Monday, March 17 Our Venerable Father Alexius, Man of God.	Isaiah 8:13-9:7 Genesis 6:9-22 Proverbs 8:1-21			<i>Abstention from meat and foods that contain meat.</i>
Tuesday, March 18 Our Holy Father Cyril, Archbishop of Jerusalem.	Isaiah 9:9-10:4 Genesis 7:1-5 Proverbs 8:32-9:11			
Wednesday March 19 The Holy Martyrs Chrysanthus and Daria.	Isaiah 10:12-20 Genesis 7:6-9 Proverbs 9:12-18	5pm	Liturgy of the Presanctified Gifts	<i>Abstention from meat and foods that contain meat.</i>
Thursday, March 20 Our Venerable Fathers Martyred by the Saracens at the Monastery of St. Sabbas.	Isaiah 11:10-12:2 Genesis 7:11-8:3 Proverbs 10:1-22			
Friday, March 21 Our Venerable Father and Confessor James, Bishop of Catania.	Isaiah 13:2-13 Genesis 8:4-21 Proverbs 10:31-11:12	5pm	Liturgy of the Presanctified Gifts , followed by soup supper and mission talk #1	<i>Abstention from meat and foods that contain meat.</i>
Saturday, March 22 All Souls Saturday; The Holy Hieromartyr Basil, Presbyter of Ancyra.	Hebrews 10:32-38 Mark 2:14-17	10am	Memorial Service (Parastas) for All Souls, followed by Mission talk #2	Intention: Parishioners
		4:15pm	Divine Liturgy (for Sunday) with mission talk #3	
		5:30pm	Great Vespers	
Sunday, March 23 Third Sunday of the Great Fast: Veneration of the Holy Cross.	Hebrews 4:14-5:6 Mark 8:34-9:1	10am	Divine Liturgy (Bilingual) with mission talk #3 (repeated)	Intention: Parishioners

Other Events this Week

Monday, March 17 – Senior Exercise Class from 11-11:30am

Wednesday, March 19 – Senior Exercise Class from 11-11:30am

Thursday, March 20 – Perogy and cabbage roll making, from 7am-noon. Lunch is provided.

Friday, March 21-Sunday, March 23: PARISH LENTEN MISSION (See below for details)

ANNOUNCEMENTS

1. We welcome our guests and visitors. Thank you for worshipping with us!
2. On the Sundays of Lent, the Church appoints the Liturgy of St. Basil the Great. The major difference between this Liturgy and the usual Liturgy of St. John Chrysostom is the longer anaphora (Eucharistic Prayer). Supplements are available with the English text.
3. NOTICE OF PARISH ANNUAL GENERAL MEETING: Sunday, March 30 at approximately 12pm (after a combined Divine Liturgy at 10am and a light lunch). Please plan to attend.
4. **“Walking into Spring” Takeout Fundraiser:** April 4, 2025, pickup from 4-6:30pm. Menu: 3 cabbage rolls, 6 perogies, ½ lb homemade sausage patty, buttered baby carrots, coleslaw, mustard, sour cream. Price: \$20. Tickets available now!

5. During this time of Lent please remember the many people in our community struggling to put food on their tables, struggling to buy basic self-care and cleaning items. **Let's work to fill our Salvation Army Donation boxes to over-flowing** and show our community that we care for them!!!
6. Next Fundscrip order will be placed on the weekend of March 21-23. Please submit your order form and payment to the office.

PARISH LENTEN MISSION

Death and Resurrection: Looking Forward to the Mysteries of Holy Week

Mission given by Subdeacon Brian Butcher, PhD

March 21-23, 2025

Friday, March 21

5pm Liturgy of the Presanctified Gifts
Followed by a light supper and mission talk #1

Saturday, March 22 – All Souls' Saturday
10am All Souls' Memorial Service (Parastas)
Followed by mission talk #2

4:15pm Divine Liturgy (English)
Mission talk #3 instead of a homily

5:30pm Great Vespers

Sunday, March 23 – Third Sunday of Lent
10am Divine Liturgy (Bilingual)
Mission talk #3 (repeated) instead of a homily
Followed by fellowship

There is no fee to attend, however donations are always welcome.

Outreach to Homebound Parishioners: Know of someone who might like a priest's visit? Contact the office or Fr. Michael to arrange.

PRAYER LIST OF SICK, SHUT-INS, AND DEAR ONES FAR AND NEAR: Lorraine Wilson, Msgr. Anton Szymychalski, Fr. Jaroslaw Lazoryk, Wanda Duczmal, Debbie Bromeley, Antoinette Blunt, Katherine Pasternak, Walter Borowicz, Pat Stratichuk, Elsie Barrett, Betty Pauliuk, Doris Lebel, Jo-Anne Stone, Nikolaos Georgas, Denise Jacques, Phil Marinelli, Mike Plastino, Theresa Barsanti, Patty-Ann Bellerive, Jim Parniak, Connie Sampson, Lee DeMelo, Fr. Oleh Yuryk, Fr. John Barszczyk, Dorothy McIntyre, Andrea Stone Pietramale, Lynn Dunne, Fr. Andrew Kormanik, Ray Robinson, Hunter Stone, Gavin Stone, Gerard Dosko, Anderson Knight, Jann, Ron Barasanti, Peter Harlow, Larisa Pochmursky, Elizabeth Cepecawer, MaryAnn Spadoni, Paul Taillefer, Erin, Dave Kowalyk, Mary Romanchuk, McGill Perry, Tammy Zalewski, Fernando Mannarino, Dave Redfern, Ora, Paul M, June, Bob, Dustin Wenmany and Tracey Burmaster, Sue and Mel Stanghetta, Norna Martynuck, Sylvie B, Bill McConnell, Anastasiia Pavliuk, Bernie Doran, Wanda Featherston.

Lord, Jesus Christ, You Who travelled throughout Galilee healing the sick, enabling the blind to see and the lame to walk, bring healing to Your people who need it this day. Grant relief to the ones who suffer pain and physical torment. Give peace to those whose minds are tortured by mental illness and anxiety. Comfort those who are alone in their suffering; may Your people reach out to them and to all the needy this day. Send Your grace to the caregivers that they may be gentle and effective agents of Your loving mercy. May our sufferings be joined with Yours to bring healing throughout the world. Amen

DONATIONS: Sunday March 9th Offering: \$565.00
Special (Funeral): \$40.00

THANK YOU!!

Building Fund: \$330.00
Special (repairs/need): \$200.00

“ON CALL” PRIEST

A priest is available in the city for emergencies 24/7. You can notify the chaplain, nurse or nursing home coordinators to contact the priest ON CALL. (705-256-6675)

Woke up warm and safe in my bed,
While someone else heard bombs overhead.
I jumped into a nice hot shower,
While someone else lost all power.
I hugged my family, we were all together,
While others said goodbye, possibly forever.
While I fear the money that I will spend,
Others worry of losing the country defend.
In the time it took me to write this post.
Many have lost the things they love most.
So, when I grumble and want to complain,
I will stop myself and **pray** for Ukraine.

A shared post of Fr. Anton's

During the wedding rehearsal, the groom approached the priest with an unusual offer. “Look, I’ll give you \$100 if you’ll change the wedding vows. When you get to the part where I’m to promise to ‘love, honour and obey’ and ‘forsaking all others, to be faithful to her forever,’ I’d appreciate it if you’d just leave that part out.”

He slipped the priest cash and walked away.

The wedding day arrived. When it came time for the groom’s vows, the priest looked the young man in the eyes and said, “Will you promise to prostrate yourself before her, obey her every command and wish, serve her breakfast in bed every morning of your life and swear eternally before God and your lovely wife that you will not ever even look at another woman, as long as you both shall live?”

The groom gulped and looked around and then said in a tiny voice, “I do.”

After the ceremony, the groom pulled the priest aside and hissed, “I thought we had a deal?”

The priest slipped the \$100 back into the man’s hand and whispered, “The bride’s father made me a much better offer.”

From: The Book of Catholic Jokes by Deacon Tom Sheridan

It’s weird being the same age as old people.

We have reached an age where we cannot function without our glasses...especially if they are empty!

Have a wonderful week!!

UKRAINIAN EASTER EGG DECORATING (PYSANKY)

WHEN: Saturday, March 29, 2025

WHERE: St. Mary's Ukrainian Catholic Church Hall

Time: 1 – 4 pm

The Ukrainian school of Language and Dance will be hosting this event.

ALL are welcome!!!

Just bring your own w eggs. We supply the dyes, kistkas and lots of beeswax.

Children under the age of 10 must be accompanied by an adult. Bring mom, dad, older sibling, grandparents!!!

EGG PREPARATION:

- 1. Start with clean, lotion-free hands.**
- 2. Choose 6-8 RAW WHITE eggs. Check the shells for cracks or blemishes.**
- 3. Place the eggs in a large bowl filled with LUKEWARM water and 2 TABLESPOONS of WHITE VINEGAR (vinegar cleans the shell and helps it to accept the dye).**
- 4. After 20 minutes, remove the eggs and PAT dry.**
- 5. Store in cardboard egg carton.**
- 6. Take carton out of fridge about ½ hour before coming to decorate. Eggs need to be at room temperature.**
- 7. We have all the wax and dyes. SEE YOUR THERE!!!**